



PE Long Term Overview – 2024/2025

INTENT	At Broomfield Primary School, it is the intent for our PE curriculum to develop independent skills and self-belief in ability. Through P.E. children can develop competence and confidence in a range of physical skills including dance, games, gymnastics and athletics. Children will be encouraged to understand healthy life style choices and how exercise supports this. Through individual, group and team activities children will develop empathy for teamwork and cooperation, alongside experiencing elements of competition. Children will be challenged to reach their full potential through a balanced programme of high- quality teaching that follows National Curriculum guidance. We will work in partnership with community, our local School Sport and Activity network (SSPAN) and professional P.E. providers to implement an inspirational and inclusive P.E. curriculum.					
IMPLEMENTATION	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation	Introduction to PE	Fundamentals	Little Springers Gymnastics	Dance	Games	Ball skills
Year 1	Dance Team building	Dance PE fundamentals	Gymnastics Sending and receiving	Gymnastics Ball skills	Striking and fielding Target games	Net/wall games Athletics
Year 2	Dance Team building	Dance Sending and receiving	Gymnastics Ball skills	Gymnastics Target games	Striking and fielding Invasion games	Net/wall games Athletics
Year 3	Dance PE fundamentals	Dance Football	Gymnastics Ball skills	Gymnastics Golf	Dodgeball Cricket	Athletics Swimming
Year 4	Dance Fitness	Dance Football	Gymnastics Netball	Gymnastics Dodgeball	Cricket Swimming	Athletics Tennis
Year 5	Fitness Dance	Badminton Netball	Handball Gymnastics	Dance Swimming	Rounders Basketball	Athletics OAA
Year 6	Fitness Dance	Dance Tag Rugby	Swimming Hockey	Rounders Gymnastics	Cricket Handball	Athletics OAA
IMPACT	Children understand and have developed knowledge of the value of physical activity and exercise on their health and wellbeing, and have been encouraged to increase their fitness levels. They have experienced and enjoyed a range of physical skills and have developed empathy for teamwork and cooperation. Children have knowledge and understanding of the rules and their importance in competition. The P.E. curriculum has allowed all children to progress in a wide range of skills and abilities with increased independence and ownership. They can take responsibility and show resilience in their attitude and behaviour across the P.E. curriculum. As a result, children are challenged through high quality, inclusive and progressive delivery of P.E. Skills and attitudes learnt in P.E. feed into other areas of the school curriculum.					
Article 31	Every child has the right to relax, to play and join in a wide range of cultural activities.					