



PSHE Long Term Overview – 2023/2024

INTENT						
At Broomfield Primary School, personal, social and health education (PSHE) enables our children to become healthy, independent and responsible members of a society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.						
IMPLEMENTATION						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation	My Emotions Beginning and Belonging	Family and Friends	Identities and Diversity Me and My World	My Body and Growing Up	Keeping Safe (incl. Drug Education)	Healthy Lifestyles
Year 1	*Beginning and Belonging Family and Friends	Anti-bullying	Diversity and Communities	Relationships and sex education	Personal safety	Healthy Lifestyles
Year 2	Rights, rules and responsibilities	Managing Safety and Risks	My Emotions	Relationships and sex education	Drug education	
Year 3	*Beginning and belonging Family and friends	Anti-bullying	Diversity and communities	Relationships and sex education	Personal safety	Healthy lifestyles
Year 4	Rights, rules and responsibilities	Managing Safety and Risks	My Emotions	Relationships and sex education	Drug education	Managing change
Year 5	*Beginning & belonging Family & friends	Anti-bullying	Diversity & communities	Relationships and sex education	Personal safety	Healthy lifestyles
Year 6	Rights, Rules and Responsibilities House Captains	Financial Capability	My emotions Warning zone trip	Relationship and Sex education	DAaRT Programme – (Managing Safety & Risk)	DAaRT Programme Managing changes
Whole School	*Beginning and Belonging - Class	Anti-bullying Week – 13 th -17 th November	Children’s Mental Health Week – 5 th -11 th February	RESILIENCE Focus	RISK TAKING Focus	Thursday 29 th June – RSE Day

	<p>Helpers, School Council Reps</p> <p>Establish Worry Boxes</p> <p>World Mental Health Day - Monday 10th October</p> <p>Introduce Broomfield's Values – The 5 R's</p>	<p>(Make a Noise about Bullying)</p> <p>WS Display</p> <p>Review Child Friendly Policy</p> <p>Monday 13th – Odd Socks Day</p> <p>Children in Need -Friday 18th November</p> <p>RESPONSIBILITY Focus</p>	<p>Safer Internet Day – Tuesday 6th February – “Want to talk about it? Making space for conversations about life online”.</p> <p>RESPECT Focus</p>			REFLECTION Focus
IMPACT	Children are encouraged to develop their sense of self-worth and to become a positive citizen within their school and wider community.					
Unicef Articles	<p>2. no discrimination</p> <p>6. Life, survival, development</p> <p>8. Identity</p> <p>12. respect for children's views</p> <p>13. Sharing thoughts freely</p> <p>28. Access to education</p>					